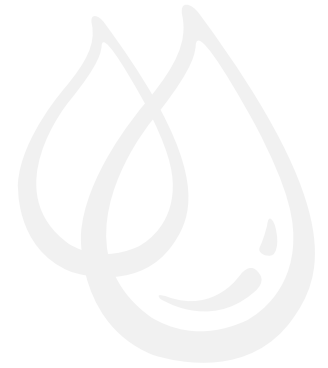




Item: 18908
Quantity: 240 Capsules
Retail:

EquaLean®

REDUCES EXCESS CARB ABSORPTION



- ▶ Supports healthy digestion*
- ▶ Improved effectiveness*

P Product Information

Newly reformulated to improve effectiveness, EquaLean features special Carbo-Balance Technology™ to help reduce the absorption of carbohydrate calories into your body. Using the unique carb reducing properties of white kidney beans, ginseng, and citric acid, EquaLean helps limit absorption of extra carbohydrate calories. Combined with ChitoRich and other Cleanse Burn Build supplements, as well as a healthy diet and exercise program, EquaLean allows you to eat sensible, nutritious meals. Count on EquaLean to reduce the carbs.*

F Features and Benefits

- ▶ White kidney bean extract has been intensively researched for its ability to help interfere with the enzyme that turns starch into sugar.*
- ▶ American ginseng root extract helps reduce insulin's fat-storing response to elevated blood sugar after eating. This helps prevent the storage of excess carbohydrates from the diet as body fat.*
- ▶ Citric acid adds additional power to help reduce the body's absorption of carbohydrates.*
- ▶ A Vitamin B blend is included for its metabolism-enhancing and energy-boosting properties. Many dieters notice a decrease in energy as they reduce their caloric intake, and extra B vitamins help restore that energy.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product may contribute to weight loss when used in conjunction with a healthy diet and exercise program.

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? Frequently Asked Questions

Q: Why is the new EquaLean formula better?

A: The new, improved EquaLean contains white kidney bean extract, which contributes to its improved effectiveness. It also contains American ginseng, which supports the metabolic system.

Q: Can pregnant women take EquaLean?

A: No. The new EquaLean is not recommended for pregnant or lactating women.

Q: If I'm consuming a meal that is high in carbohydrates, can I take more than the recommended dose of EquaLean?

A: Yes. You can take an extra capsule or two of EquaLean. However, remember that a healthy diet should limit carbohydrates to 40 percent of total food intake. Consumers should carefully read all dosage instructions, including warnings, on the product label before use.

S Science

Carbohydrates are an essential part of our diet. Carbohydrates serve as the primary source of energy in cells, and carbohydrate metabolism is central to all metabolic processes. In the body, carbohydrates are metabolized mainly into glucose, a major source of immediate energy that is delivered to body cells. Any extra carbohydrates are converted to glycogen, a source of glucose and reserve energy stored in the liver and muscle tissues. Excess dietary carbohydrates may also be converted to fatty acids, which are later stored as body fat. Although fat calories are most easily converted to fat in the body, calories from carbohydrates, as well as from protein, will also be transformed into body fat if these calories are not expended. Overall, the body's storage can hold a half-day's worth of energy in the form of glycogen, which must be converted back to glucose before the body can use it. The blood system, on the other hand, can hold only an hour's supply of glucose.

Surplus glycogen is transformed by the liver into fat to be deposited in fatty tissues around the body. This process occurs at lower (resting) body temperatures. Various enzymes control this process. EquaLean may help inhibit these enzymes and may reduce excess carb absorption.

R References

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Morris KL and Zemel MB. Glycemic index, cardiovascular disease, and obesity. *Nutr Rev* 1999;57(9Pt 1):273-76.

Vuksan V, et al. American ginseng (*Panax quinquefolius L.*) attenuates postprandial glycemia in a time-dependent but not dose-dependent manner in healthy individuals. *Am J Clin Nutr* 2001;73:753-58.



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