

Cleanse Tea

A REFRESHING HERBAL BLEND



Item: 19329
Quantity: 30 Tea Bags
Retail:

- ▶ Cleanses your body*
- ▶ Supports your body's natural process of removing waste*
- ▶ Helps your body eliminate excess water*

P Product Information

You live your life surrounded by toxins. They are in the food you eat, the water you drink, and even in the air you breathe. Contaminations can be transported through the bloodstream and affect every aspect of your body, causing headaches, fatigue, and water retention. Cleansing your body of these unwanted substances is crucial to your health and should be the first step in any weight management program. Relax and rejuvenate with Cleanse Tea, a soothing blend of carefully selected natural herbs formulated to remove waste from your body and alleviate excess water weight.*

Featuring a calming array of scents and exceptional flavors, Cleanse Tea is based on the wisdom of ancient Chinese healers. Cleanse Tea is specially formulated with dandelion, ginger, senna, red clover, lemongrass, and licorice to remove waste and excess water from your body and improve your digestive health. Drink it hot or iced to feel refreshed and revitalized, both body and soul.*

F Features and Benefits

- ▶ Dandelion root (*Taraxacum officianale*) helps strengthen the cleansing action of the liver, urinary tract, and gall bladder. This traditional herb offers diuretic action that helps your body maintain normal water balance.*
- ▶ Uva ursi (*Arctostaphylos uva-ursi*), also known as bearberry, helps support a healthy urinary tract and features other cleansing properties. Active compounds include polyphenols, flavonoids, and the glycosides arbutin and methylarbutin.*
- ▶ Fu ling fungus has a long tradition of use among Asian medical practitioners due to its diuretic properties, which help your body shed excess water.*
- ▶ Senna (*Cassia sp.*) contains anthraquinones, natural compounds with laxative properties. These compounds help the digestive tract support the process of elimination and normalize bowel function.*
- ▶ Psyllium seed (*Plantago psyllium*) has mild laxative properties, making it beneficial for both the intestinal and urinary systems. It is rich in healthy minerals, especially selenium and zinc.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product may contribute to weight loss when used in conjunction with a healthy diet and exercise program.

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? Frequently Asked Questions

Q: Can Cleanse Tea and Nature's Tea be taken together?

A: No. It is recommended that you do not take them together.

Q: When is the best time to take Cleanse Tea?

A: It is recommended you take Cleanse Tea in the evening, before bedtime.

Q: Can pregnant or lactating women take Cleanse Tea?

A: No. The tea is not recommended for pregnant or lactating women.

Q: Does Cleanse Tea contain caffeine?

A: No. The tea is caffeine-free.

S Science

Toxicity is of much greater concern today than ever before. Our bodies are constantly exposed to harmful agents through diet, air supply, and other channels. A toxin is basically any substance that creates irritating and/or harmful effects in the body, undermining our health or stressing our biochemical or organ functions. One recent study found that environmental pollutants damage the body's natural weight-control mechanisms and contribute to weight gain in major cities. Fortunately, nature has provided several remarkable ways for our bodies to detoxify themselves.

A vital part of getting healthy and staying healthy is ridding your body of toxins. We can assist this process through nutrients that support the body's key cleansing tools, including the liver and the immune, urinary, gastrointestinal, circulatory, and glandular systems. In particular, the liver is responsible for the production, storage, metabolism, and distribution of a multitude of nutrients essential to a healthy body. The liver also helps break down fats and other substances. Clearly, cleansing should be the first step in any weight management program.

R References

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Gruenewald J, Brendler T, Jaenicke C. *Physicians Desk Reference for Herbal Medicines*. Medical Economics Company, Inc. 1998.

The Lawrence Review of Natural Products. Facts and Comparisons, a Wolters Kluwer Company. 1998-99.

Schulz V, Hansel R, Tyker VE. *Rational Phytotherapy: A Physician's Guide to Herbal Medicine*. Springer-Verlag, Heidelberg, Germany. 2001.



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